



**Baptist Health**

BARIATRIC CENTER  
Little Rock

# *new life* **NEW YOU**

Thank you for choosing the **Baptist Health Bariatric Center** and putting your confidence in our team. We will guide you through the process, celebrate all of your successes, and support you through struggles. We will prepare you with what to expect and how to navigate the lifestyle changes.

The **Baptist Health Bariatric Center** is committed to helping patients live healthier, happier lives through successful weight loss and long-term weight management. We are here to help you every step of the way!



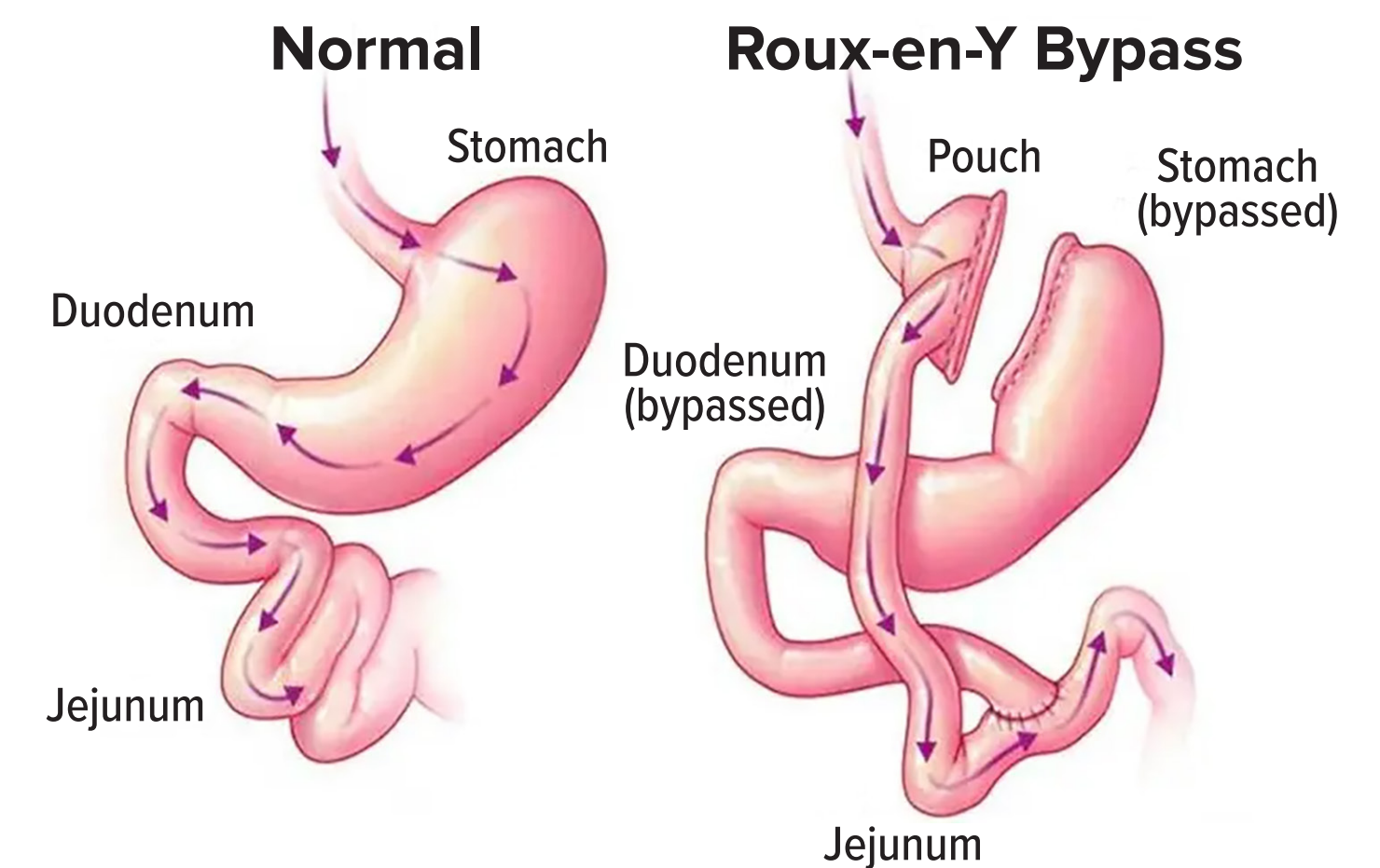


# GASTRIC BYPASS

Start Your Journey Today!

## Facts about a “gastric bypass”

- Oldest and most studied weight loss surgery
- Promotes weight loss in different ways
- Restricts the amount of food that the stomach can hold.
- Limits the calories and nutrients absorbed from the food you eat.
- Changing your gut hormones, making you feel full after eating only a small amount of food.



The Baptist Health Bariatrics team will provide more information about each of these procedures. During the initial consultation with the physician, you and your surgeon will discuss the procedures and decide on a plan that meets your needs.





# Gastric Bypass, many advantages!

01

Average 60-70% of  
excess weight loss  
(individual results vary)

02

Effective for GERD

03

Obesity-related health  
conditions may begin  
to improve before you  
lose weight

[Schedule a Consultation](#)

Your health and wellness is our top priority. Our surgeons, providers, and care team have an extraordinary passion for being your guide on your journey to long term weight loss. We perform the safest methods of surgery by the most experienced surgeons. Baptist Health Bariatric Center-Little Rock provides comprehensive surgical weight loss offerings with successful outcomes and a skilled support team to aid you both before and after your surgical procedure.

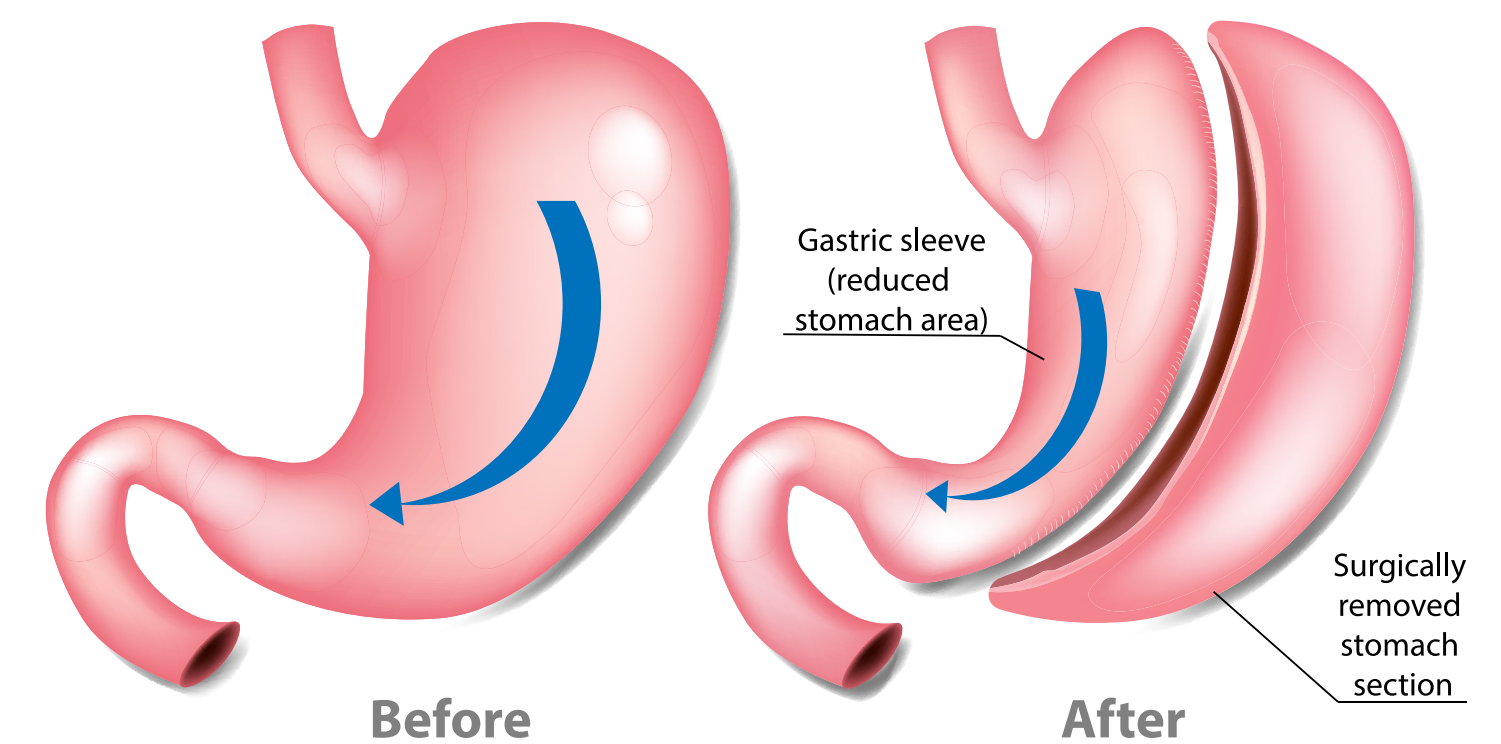


# SLEEVE GASTRECTOMY

Start Your Journey Today!

## Facts about a “sleeve”

- Most popular weight loss surgery
- Promotes weight loss by restricting the amount of food you can eat.
- The minimally invasive procedure removes a portion of the stomach, making the stomach roughly the size and shape of a banana.



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# Endless advantages with Sleeve Gastrectomy!



01

Average 60-70% of  
excess weight loss  
(individual results vary)



02

Short recovery time,  
no anastomosis



03

Few long-term  
complications

[Schedule a Consultation](#)

Baptist Health Bariatric Center-Little Rock offers surgical weight loss options and metabolic services that are backed by the resources of the state's most trusted healthcare system. We are designated as a **Bariatric Center of Excellence** and a **Metabolic and Bariatric Surgery Institute of Quality**. This designation identifies our surgical team and program as providing quality, effective care for our patients before and after surgery.



# Bypass vs Sleeve

If you are considering weight loss surgery, it's essential to carefully consider the pros and cons. To help you make an informed decision, we have provided a list of potential drawbacks for each procedure. To schedule a consultation with one of our specialists, please call (501) 202-4477.

## GASTRIC BYPASS



Slightly higher complication rates than the Sleeve procedure - complications include the possibility of leaks, bleeding, blood clots, infection, and blockages

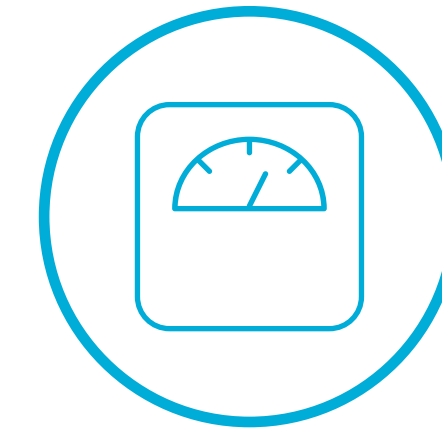


Possible long-term micronutrient deficiencies - must take vitamins for the rest of your life



Surgery is not easily reversible  
(very rarely done)

## SLEEVE GASTRECTOMY



10-20% of patients regain their weight



Some patients experience relief from GERD, while others may develop GERD after the sleeve



# Our professionals

Our Surgeons are fellowship-trained and board-certified in Bariatrics.

Dr. Eric Paul and Dr. Tripurari Mishra are committed to helping patients live a healthier, happier lifestyle through successful weight loss and long-term weight management. Our surgeons and their care team have helped thousands of patients successfully lose weight.



**Eric M. Paul, MD**  
Bariatric & General Surgery



**Tripurari Mishra, MD**  
Bariatric & General Surgery

To talk with one of our specialists,  
please call **(501) 202-4477.**